



Bearded Dragon Care Planner

Ten printable worksheets to dial in husbandry and keep your dragon thriving: feeding, temps and UVB, growth, shedding, brumation, and health.

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How to use this planner: Print the worksheets you need and keep them by the enclosure. With reptiles, husbandry is everything, so logging temps, UVB bulb age, feeding, and weight

is the best way to catch MBD, impaction, and brumation early. Bring the health log and husbandry summary to every reptile-vet visit.

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Daily Care & Feeding Log

A printable daily log for your bearded dragon's feeding, supplements, and behavior

Dragon's Name:

Age:

Morph:

Current Weight:

Enclosure Size:

Week Of:

Temperature & UVB Log

Track basking, cool-side, and night temps plus UVB bulb replacement dates

Dragon's Name:

Enclosure Size:

Thermostat Model:

UVB Fixture:

Month / Year:

Date Started:

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Weight & Growth Tracker

Monthly weight and length log for your growing or adult bearded dragon

Dragon's Name:

Hatch / Got Date:

Morph:

Starting Weight:

Gram Scale Used:

Year:

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Brumation Tracker

Daily monitoring during brumation, with weight and hydration tracking

Dragon's Name:

Age:

Vet-Cleared Date:

Pre-Brumation Weight:

Brumation Start:

Brumation End:

Feeder & Supplement Schedule

A weekly feeder and supplement dusting grid, organized by life stage

Dragon's Name:

Age / Life Stage:

Calcium Brand:

Multivitamin Brand:

Staple Feeders:

Week Of:

Feeder & Supplement Schedule

Plan a weekly feeding and dusting routine. Fill the grid for your dragon's life stage.

General feeding by life stage (adjust with your vet):

- Baby (0–4 mo): insects 2–3x/day, greens daily; calcium most days
- Juvenile (4–12 mo): insects 1–2x/day, greens daily; calcium ~5x/week
- Adult (12+ mo): greens daily, insects every 2–3 days; calcium 2–3x/week
- Calcium WITH D3 vs WITHOUT depends on UVB; multivitamin usually 1x/week. Gut-load feeders 24h before.

Day	Feeder Type / Size	Quantity	Gut-Load Used	Supplement Dusting
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Health & Symptom Log

Track symptoms, appetite, stool, and actions taken between vet visits

Dragon's Name:

Age:

Known Conditions:

Current Weight:

Reptile Vet:

Year:

Reptile Vet Visit Prep

Organize husbandry details, symptoms, and questions before your appointment

Dragon's Name:	Age:
Weight:	Morph:
Reptile Vet / Clinic:	Appointment Date:

Husbandry Summary

Bring this to your appointment. Most reptile health issues trace back to husbandry, so accurate numbers help.

Husbandry Detail	Current Setup / Value
Enclosure type & size
Basking temp (surface)
Cool-side temp
Night temp
Humidity %
UVB bulb type & age
UVB distance to dragon
Substrate
Staple diet (insects)
Greens / veg offered
Calcium / D3 schedule
Multivitamin schedule

Finding a reptile / exotic vet: Not every clinic treats reptiles. Search the Association of Reptilian and Amphibian Veterinarians (ARAV) directory, ask local reptile groups, or call ahead to confirm the clinic regularly sees bearded dragons. Establish care before an emergency, and ask about after-hours options.

This worksheet helps you prepare for and get the most from a veterinary visit. It is not a substitute for professional diagnosis or treatment by a qualified reptile or exotic vet.

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Enclosure Cleaning Schedule

A daily, weekly, and monthly cleaning checklist for a healthy enclosure

Dragon's Name:	Enclosure Size:
Substrate Type:	Disinfectant Used:
UVB Install Date:	Month / Year:

Daily Tasks

Quick upkeep, mark each day as done. Spot clean droppings and uneaten food promptly.

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Spot clean waste / food
Refresh water bowl
Wipe basking spot
Check temps & UVB on

Weekly Tasks

Track over four weeks. Initial or date each box when complete.

Task	Week 1	Week 2	Week 3	Week 4
Clean & disinfect water bowl
Wipe glass / walls
Sift / scoop substrate
Clean & disinfect food dish
Disinfect decor / hides
Wipe down basking ledge

Monthly Wellness Check

A 12-month head-to-tail wellness template to catch problems early

Dragon's Name:

Age:

Morph:

Baseline Weight:

Reptile Vet:

Year:

